

Know thyself

Kadesh facilitates people to know themselves better and embody peaceful vitality.

After over 20 years as a practitioner in a large variety of body, mind & energetic based healing modalities (see below for the full list), Kadesh synthesised these teachings into a new method he calls Holistic TransPersonal PsychoSomatic Sexual Therapy, or TPST.

Kadesh creates a personalised session for you, drawing on the following methods:

- Bodywork & Tantric massage
- Pranic/Bioenergetic work
- Psychotherapy & philosophically dealing with the deepest aspect of the psyche & tools for the mind
- Consultation about nutrition, exercise & general habits for well-being
- Coaching for relationships, non-monogamous relating & interpersonal dynamics
- Teaching & coaching meditation techniques
- Private workshop for couples on sexual energetic dynamics, yoni/lingam massage, orgasm types & techniques, sacred union, etc.
- Mentoring sacred sexuality therapists in developing their skills & practices

“Kadesh truly understands how the body and mind work in unison, and he has the unbelievable patience and gentle force of will to achieve miracles.” K, Iceland

Example Session:

While there's no standard format for a session with Kadesh, as they're tailored to your specific needs, here's an example of how a session could look:

Part 1 - Introduction

Discussion of session focus (e.g. an issue or problem or intention setting), methods used during the session (frequently energetic or bodywork, tantric massage etc). Creating a sacred space, including discussion of boundaries & consent in bodywork sessions so you feel completely safe.

Part 2 - Healing

In a bodywork session, Kadesh will check & work on your spine (your energetic centre - pointing to the core of your being).

Based on what's revealed by your spine, he will either stay on the spine, or dive deeper into different tensions in the body.

He then balances the body's electromagnetic energy flow.

Identifying

places of stagnation, which can create chronic tension & disease in

the physical body. Using awareness to discharge blocks & transform into a naturally harmonious state.

As decided in part one of the session, he will focus on healing the

yni (see below for details about yoni massage) or on the belly & the

emotions stored there. Both can be explored during a session.

Frequently, Kadesh will psychoanalyse different energetic blocks, to

bring clarity & understand the mental/emotional effects on your body's system. Receive insight into unhealthy habits & ways of preventing you from accessing peace & ecstasy. This allows powerful

life choices & changes to be made after the session.

Part 3 - Integration

You'll be given some time to relax alone & reconnect to your own energy. Kadesh may offer recommendations of possible lifestyle changes e.g. health, relationships, self-realisation practices. You're also welcome to share or ask questions to Kadesh about the session.

Private Session Costs

~3 hours: €160 EUR (usually recommended as an introduction session)

~5 hours: €240 EUR (usually recommended for yoni massage)

~7 hours: €320 EUR (usually recommended for couples)

Contact:

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“...In his gentle presence I felt like in an endless pool of acceptance and kindness and I was blown away by his ability to give unconditionally,

wholeheartedly and non judgementally. I felt so much love pouring in, so much understanding. I am deeply grateful for this incredible experience, I took away the benefits of facing my own insecurities, the joy of an amazing massage, and the letting go of what no longer serves me. I'm so very grateful, Kadesh. Thank you x." T, New Zealand

Yoni Massage

Yoni massage - yoni in Sanskrit means sacred space or a temple, it also means the female sexual organs. So a yoni massage is massaging your temple through your sexual organ, which is part of a holistic healing approach. It includes this important body part: a part that is usually hidden in the shadows & untouched by professionals who know how to access conscious healing via the yoni.

Benefits of a yoni massage:

- To know the body. Exploring deeper the orgasmic realm - getting to know your own body better. What orgasms exist & where they happen, how it feels in your own body.
- Releasing trauma (either personal or collective consciousness) of sexual abuse, rape, any trauma causing the yoni to contract & close. Releasing this trauma allows you to reconnect to pleasure, orgasmic states & ease & a sense of safety in relationships. It can also release deep, old physical pain from other parts of the body.
- Initiation in a safe container. For example, initiation into a new version of yourself, or into previously unexplored realms. Stepping across this threshold, allows you to embody it in daily life.

Online Sessions

Holistic Analysis & Coaching

Ever wondered why you're trapped in the same problems, illnesses or dynamics? Or why do you do things in a way that's self-destructive?

Using a holistic approach, Kadesh will discuss & analyse your lifestyle, including:

Thinking patterns - mental imbalances, spirituality, personal philosophy.

Relationship dynamics - partners, family, dating.

Lifestyle habits - nutrition, exercise, meditation, general health etc.

Integrating different somatic therapies, cognitive repatterning

approaches & energy reading, Kadesh offers valuable insights & revelations into your life. Explaining an effective, long term strategy of how to improve yourself. You're offered comprehensive personalised solutions including nutrition, herbs & supplements, exercise & meditation, communication & dynamics.

This coaching session brings clarity, balance & vitality.

"The time Kadesh shared with me, created a profound change in how I relate with other beings, which I can not even put in words how grateful I am." Pernille, Denmark

Kadesh has studied the following:

Somatic Psychotherapy

Cognitive sciences

Lousky's 32 intelligent method

Bio-Energetic healing

Bio orgonomi

Raaga yoga

Meditation

Guided imagination

Nlp

Connective reintegration

Past life therapy

Lucid Dreaming healing

Reiki

Vortex healing

Light strings healing

Kashmir Shaivism tantra

Osho tantra

Tibetan tantra

Tao of love

Toltec sexual Shamanism

International school of temple arts practitioner

Taoist sexual massage

Osho neo tantric massage

Kashmiri Yoni massage

Kashmiri Lingam massage

White tigress massage

Ista practitioner

Clinical Sexual Surrogate

Chiro massage therapy
Integral massage
Zen Shiatsu
Sujok
Thai massage
Acupressure
Reflexology
Swedish massage
Lumi Lumi massage
French massage
Turkish massage
Rocking colorado massage
Sports therapy massage
Deep tissue massage
Lymphatic massage
Craniosacral massage
Japanese face massage
Belly massage
Holistic pulsing
Rolfing
Feldenkrais

Hot stones massage
Korean stick massage
The 32 key points acupuncture
Watsu

Ki dance
Qi gong
Falun gong
Classic hatha yoga
Ishitva yoga
Gymnastics coach
Do in
Magical passes
Tensegrity
Tagaia

Karate
Judo
Aikido
Thai boxing
Abir

Natural hygiene
Aromatherapy
Natural nutrition
Herbology

Modern astrology
Vedic astrology
Chinese astrology
Psycho Astrology
Esoteric (trans Himalayan) astrology
Kadalllic astrology
Mesopotamian astrology
Mayan Calendars
Sacred chronology
Human design

Light language
Kabbalah
Sacred Geometry
Healing with Crystals
Earth elements healing
Animal spirits
Sacred plants medicines
Shamanic healing
Aura soma
Numerology
Gymatry
Tarot
Chirology
Channelling
Mediumship