



Thursday 25th August

	Lovamrita	Yoniversity	Wildananda	Coziness	Poolabandha
14.00	Arriving and settling				
15.00					
16.00					
17.00					
18.00	Dinner				
19.00					
20.00	Opening ceremony 20.00-22.00				
21.00					

Friday 26th August

	Lovamrita	Yoniversity	Wildananda	Coziness	Poolabandha				
07.30	Sensual Contact Improvisation Matilda								
08.30									
9.00	Pods 8.30								
9.30	Breakfast 9.00								
11.00	Conscious Touch - The Wheel of Consent Radhika	What if I say yes Adria							
12.00									
13.00	Lunch 13.00								
14.00	Music & Introductions 14.45								
15.00	Acro Yoga Tinna & Jacob	Yoni Egg Lisa	Rapid Transformation Linda Maasara						
16.00									
17.00	Women Ecstatic Dance Elsa	Kap (Kundalini Activation Process) Thora Kolbrún	Shamanic Breathwork Yra						
18.00									
19.00	Dinner 19.00								
20.00	Music & Introductions 20.45								
21.00	Wild Love Puja Lisa	The Hedgehog Forrest Adria							
22.00									

Saturday 27th August

	Lovamrita	Yoniversity	Wildananda	Coziness	Poolabandha				
07.30	Yoga for better sex Þórhildur								
08.30									
9.00	Pods 8.30								
9.30	Breakfast 9.00								
11.00	Energetic Orgasm Lilia	Tantra & Music Eva	Exploring the Senses Through Taste & Touch Natascha & Szymon						
12.00									
13.00	Lunch 13.00								
14.00	Music & Introductions 14.45								
15.00	Clitoral Deep Dive Yana & Cali	Bigger and Bolder Orgasms: Male Sexual Energy Mastery Lisa	Female Pleasure & Power Linda Näslund						
16.00									
17.00	My Lingam and Me: Vulnerability and Healing Alexander	Tantric Breathing Radhika	Trancerotica Touch with words and bodies Aviad & Lilia						
18.00									
19.00	Dinner 19.00								
20.00	Music & Introductions 20.45								
21.00	Liquid Love Temple Lilia Zaks Sokol	Evening Temple Yana & Cali							
22.00									

Sunday 28th August

	Lovamrita	Yoniversity	Wildananda	Coziness	Poolabandha	
07.30	Pranasanna Neurotransformative Breathwork Tiina					
08.30						
09.00	Pods 8.30					
09.30	Breakfast 9.00					
11.00	Demystifying non-monogamy Þórhildur	Introduction into Shibari Katarina&Karól	Conscious Touch Matilda & Linda			
12.00						
13.00	Lunch 13.00					
14.00	Closing ceremony 14.00					
15.00						
16.00						
17.00	Departure for Reykjavik 16.00					

● switching partners

● optional touch

○ optional nudity

● come with a partner

Wild Love Festival - Iceland 2022
www.inserviceofbliss.com/wildloveiceland

